



SPECIALTY CARE

Through our Day Kimball Medical Group practices and other associated specialty physicians, Day Kimball Healthcare provides you access to expert specialized care for virtually every body system and condition, within an integrated and coordinated approach.

Most everyone will need specialized care at some point in life. It's good to know that when that time comes you'll have access to physicians and facilities focused solely on providing you with top-notch specialized care, close to home.

Day Kimball Healthcare offers integrated, comprehensive care close to home. To learn more about all of our specialty medical services and convenient locations, visit daykimball.org/specialtycare.



Pain Management

Physician Services

Consultations are available through our associated physicians; ask your PCP for a referral:

Anesthesia Associates of Willimantic, PC

**37 Kennedy Drive
Suite C
Putnam, CT 06260
(860) 928-1267**

**1185 Main Street
Suite 2
Willimantic, CT 06226
(860) 456-9116**

■ daykimball.org

Pain Management

Pain is a growing problem for physicians and patients. When inadequately treated, pain can lead to depression, loss of function, increased time to heal and lost workdays. Unfortunately, many patients think their pain is a normal part of their medical condition and something that must be endured. But there are things you can do to alleviate pain. Taking back control of your life is a reality when pain management is used as part of a holistic approach to healing.

What is Pain Management?

What does it really mean to reduce pain and suffering? To the person suffering from constant headaches, from chronic back pain that keeps them from functioning normally or from pain caused by cancer that continually brings that condition to the forefront of thought, it means a break from something that can take control of your life and all activity.

According to the American Academy of Pain Management, it is:

- the systemic study of clinical and basic science and application for the reduction of pain and suffering
- the blending of tools, techniques, and principles taken from the discrete healing art disciplines and reformulated as a holistic application for the reduction of pain and suffering; and
- a newly emerging discipline emphasizing an interdisciplinary approach with a goal of reduction of pain and suffering

Conditions Treated

Pain associated with the following conditions may be treated by our associated Pain Management Specialists:

- cancer
- arthritis
- fibromyalgia
- back and neck pain
- phantom limb/stump
- acute herpes zoster
- post-herpetic neuralgia
- peripheral neuropathy
- post-laminectomy
- arachnoiditis
- coccydynia
- spinal stenosis
- myofascial
- neuropathic
- intercostal neuralgia
- complex regional pain syndrome (*crps*, also called *reflex sympathetic dystrophy or rsd*)

Treatment may include a variety of non-surgical options or, if necessary, surgical interventions performed at Day Kimball Hospital.

How to Access Pain Management Services

Talk with your doctor about your pain. He or she may provide you with a referral to our associated physicians at the Putnam office of Anesthesia Associates of Willimantic. The referring physician may be your primary caregiver or a referring specialist, such as your orthopedist or oncologist. We are located on Kennedy Drive in Putnam and offer flexible scheduling to help fit the care you need into your busy lifestyle. Call (860) 928-1267 to make an appointment today.

Billing and Payment Information

Billing for physician consultations from Anesthesia Associates of Willimantic will be submitted to your insurance directly by Anesthesia Associates of Willimantic. Billing for pain management surgical procedures will be submitted to your insurance carrier by more than one party; the physician's practice for surgical services, Day Kimball Hospital for facility services and Sheridan Health Corporation for anesthesiology services, when applicable. Please check with your insurance carrier for details about your specific coverage, copays, deductibles and any prior authorization requirements.

If you have questions about your Day Kimball Hospital bill or need help paying for care, please contact our team of financial counselors at (860) 963-6337 (at the prompt, enter option 2). For more information visit daykimball.org/billing.