

Day Kimball Hospital
Department of Diagnostic Services
CT Scan Preparations

Patient Name: _____

Exam Date: _____

Exam Time: _____

Scheduling Dept. - 963-6320 / Diagnostic Services Dept. - 963-6356

Patient Weight Table Limit: 450 pounds

Medications may be taken with minimal liquid.

Oral Prep (Readi-Cat 2) may be chilled prior to drinking.

* Note: Readi-Cat 2 can cause diarrhea in some patients.

Some CT exams require an injection of contrast material into a vein.

Note: If having a CT scan for Kidney Stones, NO oral or IV contrast is necessary.

** *Please notify your physician of any known allergies, any kidney problems or previous reaction to contrast material before your exam appointment.*

If you wear clothing without metal it will not be necessary to change your clothes prior to the scan. (eg. sweat clothes, elastic waist slacks, no metal bra hooks)

_____ **1. Abdomen and/or Pancreas:**

Do NOT eat or drink anything for at least four (4) HOURS prior to the exam time.
(Except for the Readi-Cat 2)

You MUST drink one (1) bottle of Readi-Cat 2, 2 HOURS prior to the exam time.

You MUST drink one (1) bottle of Readi-Cat 2, 40 MINUTES prior to the exam time.

Note: You will be required to drink more Readi-Cat 2 when you arrive in the CT Dept

_____ **2. Pelvis and/or Abdomen and Pelvis: (also for appendicitis and diverticulitis)**

Do NOT eat or drink anything for at least four (4) HOURS prior to the exam time.
(Except for the Readi-Cat 2)

You MUST drink one (1) bottle of Readi-Cat 2, 4 HOURS prior to the exam time.

You MUST drink one (1) bottle of Readi-Cat 2, 40 MINUTES prior to the exam time.

Note: You will be required to drink more Readi-Cat 2 when you arrive in the CT Dept.

_____ **3. Head, Chest, Extremity or other Scans:**

Do NOT eat or drink anything for at least four (4) hours prior to the exam time.

_____ **4. Spine and / or Sinus: No preparation is necessary. (You may eat and drink)**