Since Northeast Connecticut has a particularly high percentage of residents who smoke, it has a correspondingly high incidence of pulmonary disease. To respond to this need, we’ve developed a first-rate pulmonary medicine program that includes inpatient and outpatient respiratory therapy and an outpatient pulmonary rehabilitation program. A referral from your primary care practitioner (PCP) is required for all pulmonary medicine services.

Physician Consultations
Our board-certified pulmonary specialists provide expert inpatient and outpatient consultation, diagnosis and treatment of virtually all lung diseases including

- asthma and asthmatic bronchitis
- chronic obstructive pulmonary disease (COPD), including chronic bronchitis and emphysema
- interstitial lung disease (a large category of disorders, most of which cause progressive scarring of lung tissue)
- lung cancer
- sleep-related breathing disorders such as sleep apnea

Pulmonary Rehabilitation Program
This multi-phase outpatient program provides education and safe, supervised exercise for individuals with chronic lung disease such as emphysema, asthma and chronic bronchitis. The program’s specially trained registered nurses, exercise physiologists, and respiratory therapists help patients live as active and normal a life as possible through guided exercise, education and support.

The first phase of the program provides exercise sessions and educational classes two days per week for 12 weeks. At each session the patient’s heart rate, pulse oximetry and blood pressure is monitored, and lung assessments are conducted. Education on coping with lung disease is provided as well. This phase is covered by most insurance companies.

The second phase is a maintenance phase for those patients who have completed phase one and wish to continue to exercise under the supervision of the pulmonary rehabilitation staff. As this is not covered by most health insurance plans, it is a self-pay phase, billed directly to the patient at a cost of $44.82 per month.

Billing and Payment Information
Billing for pulmonary medicine physician services will be submitted to your insurance by the physician’s practice - either UMass Memorial Medical Center or Day Kimball Medical Group, depending on which physician you see. If you have questions regarding your Day Kimball Medical Group bill, need assistance with health insurance or need help paying for care, please contact the Day Kimball Medical Group business office at (860) 928-9270.

Billing for participation in the Pulmonary Rehabilitation Program will come from Day Kimball Hospital. If you have questions about your Day Kimball Hospital bill or need help paying for care, please contact our team of financial counselors at (860) 963-6337 (at the prompt, enter option 2).

Please check with your insurance carrier for details about your specific coverage, copays, deductibles and any prior authorization requirements. For more information visit daykimball.org/billing.

Specialty Care
Through our Day Kimball Medical Group practices and other associated specialty physicians, Day Kimball Healthcare provides you access to expert specialized care for virtually every body system and condition, within an integrated and coordinated approach.

Most everyone will need specialized care at some point in life. It’s good to know that when that time comes you’ll have access to physicians and facilities focused solely on providing you with top-notch specialized care, close to home.

**Day Kimball Healthcare offers integrated, comprehensive care close to home.** To learn more about all of our specialty medical services and convenient locations, visit daykimball.org/specialtycare.