Sometimes you just need a little extra help at home.

At Day Kimball HomeMakers, we provide the personal care, companionship and homemaking assistance that’s right for you or a family member. We work with senior citizens, individuals with Alzheimer’s or dementia, those who are injured, ailing or recovering from surgery, and even new moms. We run errands, drive clients to appointments, prepare meals, help with medication reminders, provide caregiver relief, do general housecleaning and more. Learn about all our services at daykimball.org/HomeMakers.

Please ask us how to qualify for financial assistance for these services.
Day Kimball HomeCare

People feel better in their own homes.

Day Kimball HomeCare brings expert medical skills directly into patients’ homes. Our staff of RNs, LPNs, therapists, home health aides and social workers provides a wide range of services, from IV therapy, wound care, telemonitoring and acute chronic care management to exercise programs, personal hygiene assistance and long-term planning.

Contact us at (860) 928-0422.

Hospice & Palliative Care of Northeastern Connecticut

A time for peace and comfort.

Hospice & Palliative Care of Northeastern Connecticut brings much-needed relief and assistance to families and individuals who are facing the end of a life. We offer pain management, spiritual guidance, support through end-of-life issues, help with complex insurance systems, and the personalized, thoughtful and loving care that is so necessary in such a difficult situation.

Contact us at (860) 928-0422.

The Geriatric Care Management Program is for those 60 years and older and offers comprehensive evaluation and care coordination for seniors and their caregivers.

This program helps to manage chronic illness and/or memory disorders in order to improve function and safety. After an initial assessment, a patient-centered geriatric care management plan is written to identify risks, goals and recommendations. The patient’s primary care physician receives this plan as well as updated reports after home visits.

In addition to communicating with the patient’s primary care physician, our advanced practice registered nurse assists elderly patients and their family caregivers to access necessary health education. She also provides referrals to Day Kimball HomeCare, Day Kimball HomeMakers and community-based services in order to coordinate and optimize all of these services.

Contact us at (860) 779-9270.

Geriatric Care Management Program

Patient-Centered, Coordinated Care Management for Seniors

The Geriatric Care Management Program is for those 60 years and older and offers comprehensive evaluation and care coordination for seniors and their caregivers.

This program helps to manage chronic illness and/or memory disorders in order to improve function and safety. After an initial assessment, a patient-centered geriatric care management plan is written to identify risks, goals and recommendations. The patient’s primary care physician receives this plan as well as updated reports after home visits.

In addition to communicating with the patient’s primary care physician, our advanced practice registered nurse assists elderly patients and their family caregivers to access necessary health education. She also provides referrals to Day Kimball HomeCare, Day Kimball HomeMakers and community-based services in order to coordinate and optimize all of these services.

Contact us at (860) 779-9270.
To Our Seniors and Their Caregivers,

Day Kimball Healthcare is dedicated to assisting our community members with all their healthcare needs. As such, one of our major goals is to promote and maintain the wellness and health of older adults in Northeastern Connecticut. We pride ourselves on having a team of geriatric care specialists who provide a variety of programs and services designed to educate seniors and their caregivers and support their health and well being in the community.

The Senior Resource Directory is one of our many initiatives. You will find it lists many community agencies and services that can help seniors and their caregivers meet their health and social needs. When looking for services we hope you will consider choosing Day Kimball Healthcare services for your inpatient, outpatient and home-based care. Our geriatric care specialists are ready to help you and your families make the most of your “golden years.”

If you are not quite sure where to start in identifying your needs, please feel free to call our Geriatric Care Management department at (860) 779-9270.

Sincerely,

Robert Smanik, President & CEO
Day Kimball Healthcare
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</table>
American Association of Retired Persons (AARP)

AARP – Local 1-860-928-9124
Closed July and August

AARP – State Director 1-866-295-7279
21 Oak St.
Hartford, CT 06106

Older Driving Program- 55 Alive 1-860-774-1243

Senior Driver Insurance Program 1-800-842-8222

Adult Day Care

Accord Adult Day Center 1-866-949-3598
10 Cudworth Rd.
Webster, MA 01570

Dora C. Howard Center, Ltd. 1-401-949-3890
Adult Day Services Building
715 Putnam Pike
Greenville, RI 02828

Pierce Memorial Baptist Home 1-860-774-9050
Caregiver Day Off Program
44 Canterbury Rd., P.O. Box 326
Brooklyn, CT 06234

Ross Adult Day Center 1-860-889-1252
165 McKinley Ave.
Norwich, CT 06360
Agencies on Aging

CT Commission on Aging
210 Capital Ave. #509
Hartford, CT 06106
1-860-240-5200

Elderly Services Division
State Department of Social Services
3580 Main St.
Hartford, CT 06106
1-800-473-8909
1-860-723-1000

Senior Resources
4 Broadway, 3rd floor
Norwich, CT 06360
1-800-994-9422
1-860-887-3561
seniorresourcesec.org

Thompson Ecumenical Empowerment Group (TEEG)
P.O. Box 664, 65 Main St.
N. Grosvenordale, CT 06255
1-860-923-3458

Alzheimer’s Disease
(See also: Respite, Caregiver & Transitional Care on page 30)

Day Kimball Healthcare Caregiver Support Group
11 Dog Hill Rd.
Dayville, CT 06241
1-860-779-9270

Day Kimball Homemakers
Bob Reynold’s Memorial Fund
320 Pomfret St.
Putnam, CT 06260
1-860-928-5441

Alzheimer’s Disease Association
Eastern CT Chapter
Senior Resources
4 Broadway, 3rd floor
Norwich, CT 06360
1-800-272-3900
1-860-887-3593
seniorresourcesec.org

Respite Care Financial Assistance
Senior Resources
4 Broadway, 3rd floor
Norwich, CT 06360
1-800-994-9422
1-860-887-3561
seniorresourcesec.org
**Assisted Living**

**Academy Point at Mystic**  
20 Academy Lane  
Mystic, CT 06355  
1-860-536-1133

**Christopher Heights of Webster**  
338 Thompson Rd.  
Webster, MA 01570  
1-508-949-0400

**Crescent Point at Niantic**  
417 Main St.  
Niantic, CT 06357  
1-860-739-9479

**Juniper Hill Village**  
1 Silo Circle  
Storrs, CT 06268  
1-860-429-9933

**North Bay Manor**  
171 Pleasant View Ave.  
Smithfield, RI 02917  
1-401-232-5577

**Overlook Masonic Health Center**  
88 Masonic Home Rd.  
Charlton, MA 01507  
1-508-248-7344

**The Village at Waterman Lake**  
715 Putnam Pike  
Greenville, RI 02828  
1-401-949-1333

**Consumer Protection**

**State of CT, Department of Consumer Protection**  
165 Capital Ave.  
Hartford, CT 06106  
1-800-842-2649

**Dental Services**

**Generations Dental Services**  
1315 Main St.  
Willimantic, CT 06226  
1-860-450-7471

**McSweeney Elderly Dental Clinic**  
47 Crescent St., 2nd Floor  
Willimantic, CT 06226  
1-860-423-4524
Disability Resources

(See also: Hearing Loss page 13, Intellectual & Developmental Disabilities page 18 and Low Vision Resources page 21)

Disabilities Network of Eastern Connecticut 1-860-823-1898
238 West Town St.
Norwich, CT 06360

Hudson Accessibility Products 1-866-321-4442
1-860-821-5100
28 Mashmoquet Rd.
Pomfret Center, CT 06259

Library for the Blind and Physically Handicapped 1-800-842-4516
198 West St.
Rocky Hill, CT 06067

State Dept. of Protection and Advocacy for Persons with Disabilities 1-800-842-7303
60-B Weston St.
Hartford, CT 06120

Durable Medical Equipment

Advantage Home Medical 1-860-963-1208
213 Pomfret St.
Putnam, CT 06260

Bonneville Pharmacy 1-860-774-9362
77 Westcott Rd.
Danielson, CT 06239

Daniels Pharmacy 1-860-774-3214
42 Reynolds St.
Danielson, CT 06239

Franklin Home Health 1-860-963-1077
153 Providence St.
Putnam, CT 06260

Rite-Aid Pharmacy 1-860-963-7230
203 Kennedy Dr.
Putnam, CT 06260
### Education

**Bay Path Vocational**
57 Old Muggett Hill Rd.
Charlton, MA 01507

**EASTCONN**
111 CT Mills Ave.
Danielson, CT 06239

**Quinebaug Valley Community College**
742 Upper Maple St.
Danielson, CT 06239

### Elder Abuse

**CT Dept. of Social Services—Protective Services**
401 West Thames St. Unit 102
Norwich, CT 06360

1. To investigate and resolve complaints of neglect, abuse, or exploitation of elderly in the community. 1-860-886-0521
2. For Long Term Care Ombudsman Program advocacy for the Elderly in nursing homes. 1-860-823-3366

### Eldercare Locator

Can provide information on elder services in other parts of country. 1-800-677-1116

### Emergency Response/Home Safety Systems

For any emergency, call **911**

**Elder Care Link** 1-508-949-7126

**In-Touch Care** 1-800-362-1132

**Life Alarm Services, Inc.** 1-800-780-5433

**LIFELINE Emergency Response System** 1-800-543-3546

**New England Emergency Response System, Inc.** 1-800-888-0338

**Valued Relationships, Inc. (VRI)** 1-800-860-4230
Emergency Shelter

ACCESS Emergency Shelter 1-860-774-4977
51 Reynolds St.
Danielson, CT 06239

United Services Domestic Violence Program 1-860-774-8648
1007 North Main St.
Dayville, CT 06241

Employment/Job Training

(See also: Education page 8)

Day Kimball Homemakers 1-860-928-5441
320 Pomfret St.
Putnam, CT 06260

ACCESS Job Source and Displaced Homemaker Program 1-860-774-0418
231 Broad St.
Danielson, CT 06239

Senior Community Services Employment Program 1-888-673-3443
Easter Seals Connecticut/Rhode Island
24 Stott Ave.
Norwich, CT 06360
Energy/Fuel Assistance

ACCESS Community Action Agency  1-860-774-0418
231 Broad St.
Danielson, CT 06239

Energy Conservation Loans  1-800-992-3665
Dept. of Economic Development
CT Housing Investment Fund, Inc.
121 Tremont St.
Hartford, CT 06105

Senior Resources  1-800-994-9422
4 Broadway 3rd Floor
Norwich, CT 06360
seniorresourcesct.org

Thompson Ecumenical Empowerment Group (TEEG)  1-860-923-3458
65 Main St.
N. Grosvenordale, CT 06255

Exercise/Fitness

(See also: Senior Clubs & Centers page 31)

Curves for Women  1-860-774-2255
Danielson, CT
1-860-564-2998
Plainfield, CT
1-860-928-1000
Putnam, CT

Excalibur Fitness  1-860-779-9110
148 Prince Hill Rd.
Brooklyn, CT 06234

Koinonia  1-860-928-6420
240 County Home Rd.
Thompson, CT 06277

Midtown Fitness Center  1-860-928-9218
75 Railroad St.
Putnam, CT 06260

Plainfield Senior Center  1-860-564-1819
482 Norwich Rd.
Plainfield, CT 06374
Plainfield Town Pool 1-860-564-1819
8 Community Ave.
Plainfield, CT 06374

Quinebaug Valley Senior Center 1-860-774-1243
69 South Main St.
Brooklyn, CT 06234

Woodstock Town Hall Senior Exercise 1-860-928-6596
415 Rt. 169
Woodstock, CT 06281

YMCA 1-508-765-5466
43 Everett St.
Southbridge, MA 01550

Contact your local town hall

Food/Food Stamps

(See also: Meals & Nutrition page 21 and Outreach Services page 27)

ACCESS Community Action Agency 1-860-774-0418
231 Broad St.
Danielson, CT 06239

Department of Social Services 1-860-465-3500
676 Main St.
Willimantic, CT 06226

Senior Resources 1-800-690-6998 1-860-886-4736
4 Broadway, 3rd Floor
Norwich, CT 06360
seniorresourcesec.org

Thompson Ecumenical Empowerment Group (TEEG) 1-860-923-3458
65 Main St.
N. Grosvenordale, CT 06255
Fraud/Theft/Scams

Attorney General in CT 1-860-808-5318
55 Elm St.
Hartford, CT 06106

Senior Resources 1-800-690-6998
4 Broadway, 3rd Floor
Norwich, CT 06360
1-860-886-4736
seniorresourcesec.org

Geriatric Assessment

Day Kimball Healthcare 1-888-774-3992
Geriatric Care Management 1-860-779-9270
11 Dog Hill Rd.
Dayville, CT 06241
Kathy Demers, APRN

UMASS Geriatric Consultation Service 1-508-334-6251
119 Belmont St.
Worcester, MA 01605

United Community Family Health Services 1-860-892-7042
47 Town St.
Norwich, CT 06360

Health & Wellness Programs

(See also: Support Groups & Programs page 32)

Day Kimball Healthcare 1-888-774-3992
Geriatric Care Management 1-860-779-9270
11 Dog Hill Rd.
Dayville, CT 06241

Day Kimball Healthcare Cardio Pulmonary Rehab 1-860-928-6541
ext. 2321

Day Kimball Healthcare Diabetes Management/Classes/Clinic 1-860-928-4344

Day Kimball Healthcare Community Wellness Program 1-860-963-5331
Day Kimball Homecare & Wellness 1-860-928-6541 ext. 3063
320 Pomfret St.
Putnam, CT 06260
Health screening and foot care available

Generations Family Health Center 1-860-774-7501
54 Reynolds St.
Danielson, CT 06239
37C Kennedy Dr. 1-860-963-7917
Putnam, CT 06260

Northeast District Department of Health 1-860-774-7350
69 So. Main St.
Brooklyn, CT 06234

Walk-In Medical Center of Plainfield 1-860-564-4054
558 Norwich Rd. (Rt. 12)
Plainfield, CT 06374

Walk-In New England Family Medical 1-860-928-6044
52 Church St.
Putnam, CT 06260

Hearing Loss

Amplisound 1-860-779-6500
594 Putnam Rd.
Danielson, CT 06239

Beltone 1-860-774-5195
559 Hartford Pike
Dayville, CT 06241

Deaf & Hearing Impaired Commission 1-860-231-8756
67 Prospect Ave.
Hartford, CT 06106

Hearing Loss Association of the Quiet Corner 1-860-923-0171
P.O. Box 314
Ashford, CT 06278
Hospice
Hospice and Palliative Care Northeast CT
A program of Day Kimball Homecare
320 Pomfret St.
Putnam, CT 06260

Hospice of Eastern Connecticut
34 Ledgebrook Dr.
Mansfield Center, CT 06250-0716

Masonic Home Health & Hospice
20 Furnace St.
Danielson CT 06239

Hospitals
Day Kimball Healthcare
320 Pomfret St.
Putnam, CT 06260

Harrington Hospital
100 South St.
Southbridge, MA 01550

Harrington Hospital at Hubbard
340 Thompson Rd.
Webster, MA 01570

Hartford Hospital
80 Seymour St., P.O. Box 5037
Hartford, CT 06102

UMASS Memorial Medical Center
55 Lake Avenue North
Worcester, MA 01655

William W. Backus Hospital
326 Washington St.
Norwich, CT 06360

Windham Hospital
112 Mansfield Ave.
Willimantic, CT 06226
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<tr>
<td>Independent (no asterisk)</td>
<td>Assisted living**</td>
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<tr>
<td>Congregate housing*</td>
<td>Residential care home***</td>
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<th>Residences</th>
<th>Contact Information</th>
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<td>Bulger &amp; St. Onge Apartments</td>
<td>1-860-963-6829</td>
<td>218 Woodstock Ave. Putnam, CT 06260</td>
</tr>
<tr>
<td>Carriage Square Apartments</td>
<td>1-603-878-2400</td>
<td>110 Main St. No. Grosvenordale, CT 06255</td>
</tr>
<tr>
<td>Cedar View Village</td>
<td>1-860-564-1490</td>
<td>Rt. 14A Plainfield, CT 06374</td>
</tr>
<tr>
<td>Creamery Brook Elderly Housing*</td>
<td>1-860-779-8700</td>
<td>36 Vina Lane Brooklyn, CT 06234</td>
</tr>
<tr>
<td>Cresent Point at Niantic**</td>
<td>1-860-739-9479</td>
<td>417 Main St. Niantic, CT 06357</td>
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<td>Eastwind Village Apartments</td>
<td>1-860-564-8459</td>
<td>14 Windsor Ave. Plainfield, CT 06374</td>
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<tr>
<td>Ella Grasso Apartments</td>
<td>1-860-928-5815</td>
<td>65 Ballou St. Putnam, CT 06260</td>
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<td>Evangelical Baptist Home***</td>
<td>1-860-429-0856</td>
<td>574 Ashford Center Rd. Ashford, CT 06278</td>
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<tr>
<td>Juniper Hill Village</td>
<td>1-860-429-9933</td>
<td>1 Silo Circle Storrs, CT 06268</td>
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Housing for the Elderly continued on next page
### Housing for the Elderly (cont)

**Killingly Housing Authority** 1-860-774-6067
Maple Courts, 620 Upper Maple St.
Danielson, CT 06239

Maple Courts II, 620 Upper Maple St.
Danielson, CT 06239

Birchwood Terrace, 41 Birchwood Ter.
Danielson, CT 06239

**Knollbrook Village** 1-860-779-3570
30 Knollwood Dr.
Canterbury, CT 06331

**Ledgewood Acres** 1-860-564-0838
Rt. 14A
Plainfield, CT 06374

**Little River Acres Apartments** 1-860-928-5975
207 Sabin St.
Putnam, CT 06260

**Moosup Manor Apartments** 1-860-564-0838
25 Sara Lane
Moosup, CT 06354

**North Bay Manor** 1-401-232-5577
171 Pleasant View Ave.
Smithfield, RI 02917

**Overlook Masonic Health Center** 1-508-248-7344
88 Masonic Home Rd.
Charlton, MA 01507

**Pierce Memorial Baptist Home** 1-860-774-9050
44 Canterbury Rd.
Brooklyn, CT 06234

**Pineview Court/Gladys Green Apts.** 1-860-923-9997
500 Riverside Dr.
No. Grosv., CT 06255
(Thompson Housing Authority)

**Pocasset Bay Retirement Living** 1-401-421-6610
12 Old Pocasset Lane
Johnston, RI 02919
<table>
<thead>
<tr>
<th>Address</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Primrose Village/Primrose Crossing</td>
<td>1-603-878-2400</td>
</tr>
<tr>
<td>Valley Rd.</td>
<td></td>
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<tr>
<td>Dayville, CT 06241</td>
<td></td>
</tr>
<tr>
<td>River Bend Apts.</td>
<td>1-603-878-2400</td>
</tr>
<tr>
<td>Day St.</td>
<td></td>
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<tr>
<td>Danielson, CT 06239</td>
<td></td>
</tr>
<tr>
<td>Roseland***</td>
<td>1-860-779-7773</td>
</tr>
<tr>
<td>39 Canterbury Rd., P.O. Box 459</td>
<td></td>
</tr>
<tr>
<td>Brooklyn, CT 06234</td>
<td></td>
</tr>
<tr>
<td>Roxbury Village Elderly Housing</td>
<td>1-860-928-6378</td>
</tr>
<tr>
<td>60 Butts Rd.</td>
<td></td>
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<tr>
<td>Woodstock, CT 06281</td>
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<tr>
<td>Salem Village Apartments</td>
<td>1-860-779-0504</td>
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<tr>
<td>70 Proulx St.</td>
<td></td>
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<tr>
<td>Brooklyn, CT 06234</td>
<td></td>
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<tr>
<td>Seely Brown Village*</td>
<td>1-860-928-2744</td>
</tr>
<tr>
<td>400 Deerfield Rd.</td>
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</tr>
<tr>
<td>Pomfret Center, CT 06259</td>
<td></td>
</tr>
<tr>
<td>Sunny Acres</td>
<td>1-860-564-3760</td>
</tr>
<tr>
<td>41 Sunny Acres Rd.</td>
<td></td>
</tr>
<tr>
<td>Moosup, CT 06354</td>
<td></td>
</tr>
<tr>
<td>The Village at Waterman Lake**</td>
<td>1-401-949-1333</td>
</tr>
<tr>
<td>715 Putnam Pike</td>
<td></td>
</tr>
<tr>
<td>Greenville, RI 02828</td>
<td>(**Independent and Assisted Living)</td>
</tr>
<tr>
<td>Westcott-Wilcox Home for Elderly***</td>
<td>1-860-774-9944</td>
</tr>
<tr>
<td>50 Capron St.</td>
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<tr>
<td>Danielson, CT 06239</td>
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<tr>
<td>Westfield Village Apartments</td>
<td>1-860-774-1644</td>
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<tr>
<td>44 Westfield Village</td>
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<tr>
<td>Danielson, CT 06239</td>
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Housing Alternatives & Information

Home Share of Eastern CT 1-800-690-6998
Senior Resources 1-860-886-4736
4 Broadway, 3rd Floor
Norwich, CT 06360
seniorresourcesec.org

Infoline of Eastern CT
401 W. Thames St., Suite 103 Dial “211”
Norwich, CT 06360

Insurance
(See also: Medicare/ Medigap Insurance page 23)

CHOICES 1-800-994-9422
(CT Health Outreach Ins. Counseling – Seniors) 1-860-887-3561
4 Broadway 3rd Floor
Norwich, CT 06360

Long Term Care Insurance 1-800-286-2214
CT Partnership for Long Term Care 1-860-418-6318
State of CT Dept. of Policy and Management

Office of the Healthcare Advocate, State of CT 1-866-466-4446
1-860-297-3982

State of CT Insurance Department 1-860-297-3900

Intellectual & Developmental Disabilities

Retirement Services of the Arc of Quinebaug Valley 1-860-774-2827
687 Cook Hill Rd.
Danielson, CT 06239

State of CT Department of Developmental Services 1-860-418-6000
460 Capital Ave.
Hartford, CT 06160
Legal Assistance
(See also: Long Term Legal Planning page 20 and Fraud/Theft/Scams page 12)

Center for Medicare Advocacy 1-800-262-4414
P.O. Box 350 1-860-456-7790
Willimantic, CT 06226

Connecticut Legal Services, Inc. 1-800-453-3320
153 Williams St. 1-800-413-7798
New London, CT 06320 1-860-447-0323

872 Main St., P.O. Box 258 1-860-456-1761
Willimantic, CT 06226

Protective Services for the Elderly - 1-860-465-3550
CT Dept. of Social Services

Legislators
See Blue Pages of Telephone Book under “Connecticut, State of” or “United States Government”

Libraries
Key: ACC = wheelchair accessible  LPB = Large Print Books  AT = Audio Tapes

Abington Library 1-860-974-0415
LPB

Ashford/Babcock Library 1-860-487-4420
LPB, AT, ACC

Brooklyn Library 1-860-774-0649
LPB, AT

Central Village Library 1-860-564-7753
LPB, AT, ACC

Killingly Public Library 1-860-779-5383
LPB, AT, ACC

Moosup Library 1-860-564-8760
LPB, AT

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Libraries (cont)

Pomfret Library 1-860-928-3475
LPB, AT, ACC

Putnam Library 1-860-963-6826
LPB, AT, ACC

Thompson Library 1-860-923-9779
LPB, AT, ACC

Woodstock Bracken Memorial Library 1-860-928-2629
AT, ACC

Long Term Legal Planning
(See also: Legal Assistance page 19)

Adams, Stephen - Attorney 1-860-928-6528
158 Main St.
Putnam, CT 06260

Bachand, Longo & Higgins 1-860-928-6549
168 Main St.
Putnam, CT 06260

Borner, Fraser & Aleman 1-860-928-2429
155 Providence St.
Putnam, CT 06260

William Monty Law Office 1-860-928-0506
930 Rt. 169
Woodstock, CT 06281

Rooke-Norman & Labonte 1-860-774-4717
31 Academy St.
Danielson, CT 06239

Scheibeler, James - Attorney 1-860-774-5367
35 Academy St.
Danielson, CT 06239

St. Onge & Brouillard 1-860-928-0481
50 Rt. 171
Woodstock, CT 06281

Zubkova, Anna - Attorney 1-860-928-3777
52 Pomfret St.
Putnam, CT 06260
LOW VISION RESOURCES

CRIS 1-860-527-8000
CT Radio Information System, Inc.
315 Windsor Ave.
Windsor, CT 06095

Lions Low Vision Center of Eastern CT 1-866-255-8655
Contact your town’s Lions Club. Several clubs offer Outreach to the blind, matching trained volunteers with clients. All clubs collect used eyeglasses and support the Low Vision Center.

State of CT 1-800-842-4510
Board of Educ. & Services for the Blind
184 Windsor Ave.
Windsor, CT 06095

Meals & Nutrition
(See also: Food Stamps page 11 and Outreach for Seniors page 27)

Community Kitchen - 5 rotating church sites 1-860-779-2645

TVCCA Elderly Nutrition Program 1-800-953-1365
1-860-886-1720

Medicaid (Title 19)

Connecticut Department of Social Services 1-866-327-7700
1-860-465-3500

Senior Resources 1-800-690-6998
1-860-886-4736
4 Broadway, 3rd Floor
Norwich, CT 06360
seniorresourcesec.org
Medical Home Care Services

Day Kimball HomeCare 1-800-664-2442
320 Pomfret St. 1-860-928-0422
Putnam, CT 06260

Around the Clock Healthcare 1-860-871-5996
145 Talcottville Rd.
Vernon, CT 06066

Interim Healthcare of Eastern CT, Inc. 1-800-435-1892
15 Wilson St. 1-860-456-3500
Willimantic, CT 06226
12 Case St., Suite 215 1-800-362-1132
Norwich, CT 06360 1-860-889-3388

Masonic Home Health & Hospice 1-800-528-6664
20 Furnace St. 1-860-774-1366
Danielson, CT 06239

New England Healthcare Staffing 1-860-928-4916
255 Kennedy Dr. 1-860-928-4916
Putnam, CT 06260

VNA East 1-860-456-7288
34 Ledgebrook Dr.
Mansfield, CT 06250

VNA of So. Worcester County 1-800-336-7639
534 School St., P.O. Box 368 1-860-935-5267
Webster, MA 01570
Medicare/ Medigap Insurance

(See also: Insurance page 18)

Center for Medicare Advocacy 1-800-262-4414
P.O. Box 350 1-860-456-7790
Willimantic, CT 06226

Department of Social Services/State of CT 1-800-473-8909
Medicare Savings Program 1-860-823-5000
25 Sigourney St., 10th Floor
Hartford, CT 06106

Medicare 1-800-633-4227

Qualidigm 1-800-553-7590
100 Roscommon Dr.
Middletown, CT 06457
Call regarding concerns about quality of care received in hospitals, skilled nurs-
ing facilities, home health agencies.

Senior Resources 1-800-690-6998
CHOICES Program 1-860-886-4736
4 Broadway, 3rd Floor
Norwich, CT 06360
seniorresourcesec.org

Social Security Administration 1-800-772-1213

Mental Health Agencies

Day Kimball Healthcare Behavioral Health Clinic 1-860-928-6541
320 Pomfret St. ext. 2281
Putnam, CT 06260

United Services 1-860-774-2020
P.O. Box 839, 1007 North Main St.
Dayville, CT 06241
Municipal Agents for the Aging

- Brooklyn: 1-860-774-1243
- Canterbury: 1-860-546-9845
- Eastford: 1-860-974-0599
- Killingly: 1-860-774-9038
- Plainfield: 1-860-564-1819
- Pomfret: 1-860-974-9135
- Putnam: 1-860-963-6813
- Sterling: 1-860-564-2904
- Thompson: 1-860-923-9561
- Union: 1-860-974-0340
- Woodstock: 1-860-974-2685

Non-Medical Home Care Services

Day Kimball Homemakers
- 1-800-540-0186
- 1-860-928-5441
- 320 Pomfret St.
- Putnam, CT 06260

Angels Amoung Us, LLC
- 1-860-564-7341
- P.O. Box 228
- Oneeco, CT 06373

Around the Clock Healthcare
- 1-860-871-5996
- 45 Talcottville Rd.
- Vernon, CT 06066

Classic Homemakers
- 1-860-779-1532
- 167 Stetson Rd.
- Brooklyn, CT 06234

Companions & Homemakers
- 1-860-859-1141
- 1 Washington St.
- Norwich, CT 06360
CT Home Care Solutions 1-860-564-9191
137 Norwich Rd., Unit 102
Plainfield, CT 06374

Home Instead 1-860-896-5295
392 Merrow Rd., Suite E
Tolland, CT 06084

Interim Healthcare of Eastern CT, Inc. 1-800-435-1892
15 Wilson St. 1-860-456-3500
Willimantic, CT 06226
12 Case St., Suite 215 1-800-362-1132
Norwich, CT 06360 1-860-889-3388

Masonic Home Health & Hospice 1-800-528-6664
20 Furnace St. 1-860-774-1366
Danielson, CT 06239

Quality Homemakers 1-860-564-5319
P.O. Box 306
Plainfield, CT 06374

TriValley County Elder Services 1-800-286-6640
10 Mill St. 1-508-949-6640
Dudley, MA 01571

Visiting Angels 1-860-779-7652
559 Hartford Pike, Suite 209
Dayville, CT 06241
Nursing Homes/Rehab Centers

(See also: Assisted Living page 6)

Bayberry Commons 1-401-568-0600
181 Davis Dr.
Pascoag, RI 02859-3501

Fairlawn Rehabilitation Hospital 1-508-791-6351
189 May St.
Worcester, MA 01602
751 School St.
Webster, MA 01570

Lanessa Extended Care Facility 1-508-949-1334
131 School St.
Webster, MA 01570

Matulaitis Nursing Home 1-860-928-7976
10 Thurber Rd.
Putnam, CT 06260

North Bay Retirement Living 1-401-232-5577
171 Pleasant View Ave.
Smithfield, RI 02917

Oakwood Rehabilitation & Nursing Center 1-508-943-3889
11 Pontiac Ave.
Webster, MA 01570

Pierce Memorial Baptist Home 1-860-774-9050
44 Canterbury Rd., P.O. Box 326
Brooklyn, CT 06234

Regency Heights of Danielson 1-860-774-9540
111 Westcott Rd.
Danielson, CT 06239

Villa Maria Nursing & Rehabilitation Community 1-860-564-3387
20 Babcock Ave.
Plainfield, CT 06374

Village at Waterman Lake 1-401-949-1333
715 Putnam Pike
Greenville, RI 02828
Village Manor Health Care  1-860-564-4081
16 Windsor Ave.
Plainfield, CT 06374

Webster Manor  1-508-949-0644
745 School St.
Webster, MA 01570

Westview Health Care Center  1-860-774-8574
150 Ware Rd., P.O. Box 428
Dayville, CT 06241

Outreach Services for Elderly

Senior Resources  1-800-690-6998  1-860-886-4736
4 Broadway, 3rd Floor
Norwich, CT 06360
seniorresourcesec.org

Thompson Ecumenical Empowerment Group (TEEG)  1-860-923-3458
P.O. Box 664, 65 Main St.
N. Grosvenordale, CT 06255

TriValley County Elder Services  1-508-949-6640
10 Mill St.
Dudley, MA 01571
MA residents only
Pharmacies

Key: Delivery*

Big Y Pharmacy* 1-860-774-7437
70 Wauregan Rd.
Danielson, CT 06239

Bonneville’s Pharmacy* 1-860-774-9362
77 Westcott Rd.
Danielson, CT 06239

C.V.S. Pharmacy 1-860-779-0523
542 Providence Rd.
Brooklyn, CT 06234
10 Lathrop Rd.
Plainfield, CT 06374
112 Hawkins Rd.
Putnam, CT 06260

Daniel’s Pharmacy* 1-860-774-3214
42 Reynolds St.
Danielson, CT 06241

Pharmaceutical Assistance

Senior Resources 1-800-690-6998
1-860-886-4736
4 Broadway, 3rd Floor
Norwich, CT 06360
seniorresourcesct.org

Rite-Aid Pharmacy 1-860-564-5871
20 Prospect St.
Moosup, CT 06354
200 Westminster Rd.
Canterbury, CT 06331
203 Kennedy Dr.
Putnam, CT 06260

Stop & Shop Pharmacy 1-860-774-5301
1-860-963-2642
Rt. 12
Dayville, CT 06241
60 Providence Pike
Putnam, CT 06260
Target Pharmacy 1-860-412-1284
2177 Killingly Commons
Dayville, CT 06241

Walgreens Pharmacy 1-860-774-0493
1095 North Main St.
Dayville, CT 06241

Walmart Pharmacy 1-860-928-4199
625 School St.
Putnam, CT 06260

Podiatry & Foot Care Services

Day Kimball Homecare & Wellness 1-860-928-6541
320 Pomfret St.
ext. 3036
Putnam, CT 06260

Colsen, Steven & Sean PDM 1-860-564-8671
40 Railroad Ave., Plainfield, CT 06374

Payette, Christopher PDM 1-860-928-3667
263 Pomfret St.
Putnam, CT 06260

Pedorthic Care Center 1-860-564-4388
50 Academy Hill Rd., Rt. 14A, Suite C
Plainfield, CT 06374

The Foot Group 1-860-963-2434
137 Kennedy Dr., Suite B
Putnam, CT 06260

Poison Control Center
Toll free 1-800-222-1222
Prescription & Drug Assistance

ConnPACE 1-800-423-5026
(CT Pharmaceutical Assistance Program to the Elderly and Disabled.)
P.O. Box 5011
Hartford, CT 06102
(This program helps low-income seniors pay for prescriptions.)

Medicare Prescription Drug Plans (Medicare Part D) 1-800-690-6998
Senior Resources 1-860-886-4736
4 Broadway, 3rd Floor
Norwich, CT 06360
seniorresourcesec.org

Recreation & Leisure
(See also: Senior Clubs & Centers page 31)

Red Hat Society 1-866-386-2850

Road Scholar 1-800-454-5768
Educational adventures for persons 55 years of age or older.
Catalog available at local libraries.

Thompson Ecumenical Empowerment Group (TEEG) 1-860-923-3458
65 Main St.
N. Grosvenordale, CT 06255

Respite, Caregiver Relief & Transitional Care
(See also: Medical & Non-Medical Home Care page 22 & 24, Assisted Living page 6 and Alzheimer’s Disease page 5)

Respite Care Financial Assistance 1-800-690-6998
Senior Resources 1-860-886-4736
4 Broadway, 3rd Floor
Norwich, CT 06360
seniorresourcesec.org
Reverse Annuity Mortgages

Local Banks
Contact your local bank

Senior Resources
4 Broadway, 3rd Floor
Norwich, CT 06360
seniorresourcesec.org

State of CT Department of Banking
260 Constitution Plaza
Hartford, CT 06103

Senior Clubs / Centers

Canterbury Senior Club
1-860-774-8020

Eastford Town Hall
1-860-974-0133
Eastford Senior Citizen Group

Hampton Senior Club
1-860-455-1900

Plainfield Senior Center/Club
1-860-564-1455
482 Norwich Rd.
Plainfield, CT 06374

Pomfret Senior Center
1-860-928-7459
207 Mashamoquet Rd.
Pomfret, CT 06258

Quinebaug Valley Area AARP
1-860-928-9124

Quinebaug Valley Senior Citizens Center
1-860-774-1243
69 South Main St.
Danielson, CT 06239

Woodstock Senior Club
1-860-928-6595
1-860-974-2685

Social Security
1320 Main St., Suite 19
Willimantic, CT 06226
1-800-772-1213
1-860-423-6386
State Funded Home Care Programs

CT Community Care, Inc. (CCCI) 1-800-246-3385
108 New Park Ave.
Franklin, CT 06254
1-860-885-2960

CT Homecare Program for the Elderly 1-800-445-5394
Department of Social Services
25 Sigourney St.
Hartford, CT 06106

Support Groups & Programs
Call Infoline at 211 for topics not listed

Day Kimball Healthcare

Adult Bereavement Support Group 1-860-928-0422
ext. 2042

Al-Anon 1-860-928-6541

Alcoholics Anonymous 1-860-928-6541

Amputee Clinic 1-860-963-6322

Arthritis Support Group 1-860-928-6541
1-860-774-3366
ext. 2015

Asthma Solutions 1-860-928-4344

AWAKE 1-860-963-6340

Better Breathing Club 1-860-928-6541
1-860-774-3366
ext. 2292

Blood Pressure Screening Clinics 1-860-928-6541
1-860-774-3366
ext. 2015

Breast Cancer Support Group 1-860-779-0252

Cardio Pulmonary Rehabilitation Classes 1-860-963-6315

Caregiver Support Group 1-860-779-9270
Diabetes Club 1-860-928-4344

Family Training Seminar 1-860-928-6541
Alzheimer’s disease and other related dementias

Flu & Pneumonia Immunization Clinics 1-860-928-6541
1-860-774-3366 ext. 2015

Grandparents Raising Grandchildren Support Group 1-860-564-6100

It’s Your Life…Live it Well 1-860-779-9270

Mammograms and Pap Tests 1-860-928-6541 ext. 3316 or 2219

Multiple Sclerosis Support Group 1-860-779-0398

Narcotics Anonymous 1-860-928-6541

National Alliance for Mental Illness Family Support and Education 1-860-961-0318

Overeaters Anonymous 1-860-933-4427

Parkinson’s Disease Support Group 1-860-928-6541 1-860-774-3366 ext. 2015

Prepare for Surgery, Heal Faster 1-860-928-6541 ext. 2095

Quit Smoking Support Group 1-860-963-6315

Stroke Support Group 1-860-963-6322

Traumatic Brain Injury Support Group 1-860-963-6322

Addiction Services

Alanon Hotline 1-888-825-2666

Alcoholics Anonymous (AA) 1-800-530-9511

CT Council on Problem Gambling 1-800-346-6238
Transportation
(See also: Non-Medical Home Care page 24)

Day Kimball HomeMakers 1-860-928-5441
320 Pomfret St. 1-800-540-0186
Putnam, CT 06260

American Ambulance 1-888-489-4273
(Medical/wheelchair transport)

Crossroad Trolley Medical Transport 1-508-949-6743
Webster, MA

Northeastern Connecticut Transit District 1-860-774-3902
125 Putnam Pike, P.O. Box 759
Dayville, CT 06241

Plainfield Senior Center Van 1-860-564-1455

Veteran’s Information

Soldiers, Sailors, Marines Fund 1-800-491-4941

State of CT Dept. of Veteran’s Affairs 1-860-887-9162
100 Broadway, Rm. 105
Norwich, CT 06360

Veteran’s Administration 1-800-827-1000
450 Main St.
Hartford, CT 06103

Veteran’s Health Care System 1-860-666-6951
Newington, CT

Veteran’s Home and Hospital 1-860-529-2571
Rocky Hill, CT

Veteran’s Primary Care Center 1-860-450-7583
96 Mansfield Ave.
Willimantic, CT 06226
Volunteer Opportunities

Day Kimball Healthcare
320 Pomfret St.
Putnam, CT 06260
1-860-928-6541 ext. 2279

Day Kimball HomeCare/Hospice
320 Pomfret St.
Putnam, CT 06260
1-860-928-0422

Day Kimball Homemakers
320 Pomfret St.
Putnam, CT 06260
1-800-540-0186 1-860-928-5441

ACCESS Agency
1-860-774-0418

Foster Grandparents & Senior Companion Program and RSVP
1-800-861-8429 1-860-444-0006

Pierce Memorial Baptist Home
44 Canterbury Rd.
Brooklyn, CT 06234
1-860-774-9050

Thompson Ecumenical Empowerment Group (TEEG)
65 Main St.
N. Grosvenordale, CT 06255
1-860-923-3458

TVCCA’S Retired & Senior Volunteer Program (RSVP) and Foster Grandparents
Danielson, CT 06239
1-860-774-9286

Volunteer Resident Advocates for Long Term Care Ombudsman Program
Norwich, CT 06360
1-860-823-3366

Westview Health Care Center
Dayville, CT 06241
1-860-774-8574
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