



# THE HEALING PANTRY AT DAY KIMBALL HEALTH

## A DKH AND TEEG COMMUNITY PARTNERSHIP PROVIDING FOOD ASSISTANCE AFTER HOSPITALIZATION

As part of our commitment to your care, Day Kimball Health and TEEG have partnered to provide food assistance for patients after a hospital stay. Along with shelf stable groceries, this guide includes information about local resources that can offer continued support because your health matters, even after you leave the hospital.

### THOMPSON ECUMENICAL EMPOWERMENT GROUP (TEEG)

A non-profit social service agency with three Community Markets with a variety of food available, providing a client choice model, allowing individuals and families to make their own food selections.

**Website:** teegonline.org | **Phone:** (860) 923-3458

#### FOOD SECURITY PROGRAM SCHEDULE & HOURS:

##### TEEG COMMUNITY MARKET

TEEG Building  
15 Thatcher Road  
North Grosvenordale, CT

- Mondays: 3:00 p.m. - 5:00 p.m.
- Wednesdays: 1:00 p.m. - 3:00 p.m.
- Fridays: 10:00 a.m. - 12:00 p.m.

##### TEEG MOBILE MARKET

Woodstock Town Hall  
415 Route 169  
Woodstock, CT

- 4th Tuesday of the Month:  
1:30 p.m. - 2:30 p.m.

##### POMFRET COMMUNITY MARKET

Pomfret Community Center  
207 Mashamoquet Road  
Pomfret, CT

- 1st, 2nd, 3rd, 5th Tuesday of the month:  
1:00 p.m. - 4:00 p.m.
- Thursdays: 1:00 p.m. - 3:00 p.m.
- 1st Saturday of each month: 10:00 a.m. - 11:00 a.m.

*To schedule a food appointment for the Thompson or Pomfret Market or if you have any questions regarding the food security program, call the TEEG office at (860) 923-3458.*

#### HOLIDAY PROGRAMS

Offers Thanksgiving and Christmas meals to qualified families in Thompson, Woodstock, and Pomfret. Applications are available at the TEEG office in early October and require 4 most recent income documents for all household members over the age of 18. For more information, ask to speak to the Holiday Support Coordinator at (860) 923-3458.

#### HOMELESS SUPPORT

Provides clothing, emergency food, supplies, meals, counseling and showers. Contact (860) 923-3458 or visit the TEEG Office.

### DANIELSON VETERANS COFFEEHOUSE

A comfortable location for veterans, both men and women, to meet, socialize and connect with one another while providing and discussing information regarding veterans benefits and service through federal and state agencies and programs.

#### COFFEEHOUSE MEETING

Putnam Elks Lodge 574,  
64 Edmond Street, Putnam CT 06260

Meet, communicate & receive support in a companionship setting

- Every Tuesday at 8:30 a.m.  
Program starts at 9:15 a.m.

#### MOBILE FOOD PANTRY

Putnam Farmer's Market,  
18 Kennedy Drive, Putnam CT 06260  
Open to all

- 1st Thursday of the month from  
9:00 a.m. - 10:00 a.m.

#### OTHER RESOURCES SERVICES PROVIDED INCLUDE:

- Employment
- End of Life Healthcare
- Housing
- Education/Training
- Local/National Veteran Discounts

### FRIENDS OF ASSISI FOOD PANTRY

A non-profit organization serving those in need in the Killingly area for over 30 years. Friends of Assisi rely on the kindness of others and generous donations of food and monetary gifts, along with eggs and produce from local farmers.

77 Water Street

Danielson, CT 06239

**Email:** directorfoodpantry@gmail.com

**Phone:** (860) 774-2310

#### HOURS:

Tuesday: 9:00 a.m. - 11:00 a.m.

Friday: 9:00 a.m. - 11:00 a.m.



the healing pantry  
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## DAILY BREAD FOOD PANTRY

### Interfaith Human Services of Putnam

As a client choice food pantry, they focus on meeting the needs of food insecure individuals and families by supplementing dietary needs with nutritious and healthy foods.

#### Living Faith United Methodist Church

51-53 Grove Street  
Putnam, CT 06260

Phone: (860) 928-0169

#### HOURS:

*(by appointment only, excludes holidays)*

- Monday: 10:00 a.m. - 2:30 p.m.
- Wednesday: 6:00 p.m. - 7:45 p.m.
- 2nd Wednesday of the month: 12:00 p.m. - 3:00 p.m.
- 4th Wednesday of the month: 2:00 p.m. - 5:00 p.m.
- Friday: 9:30 a.m. - 3:00 p.m.

#### COUPON PROGRAM

Daily Bread Food Pantry provides dairy, juice, fresh/frozen fruit and vegetable coupons that can be used at Putnam Supermarket. Can also choose to participate in the Putnam Farmer's Market Program at the Riverview Marketplace from June through September.

#### SUMMER FOOD PROGRAM

Offered through the Putnam Public Schools and funded by the USDA, the Summer Food Program offers free breakfast & lunch to any child under the age of 18. Locations vary each year but generally meals are available at the Putnam Elementary and High Schools (breakfast & lunch) and the Putnam Public Library and the Community Room at Hampshire Heights (lunch only).

#### THANKSGIVING FOOD DISTRIBUTION

Guests are provided a gift card to purchase their own turkey at one of the local supermarkets and coupons to purchase other items for their meal. Guests who receive a home delivery will be provided with a Thanksgiving Food Basket.

## Women, Infants & Children (WIC) Offices

The Special Supplemental Nutrition Program for Women, Infants and Children, better known as the WIC Program, provides supplemental foods, health care referrals, nutrition education, and breastfeeding promotion and support to low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk.

#### DAY KIMBALL HOSPITAL WIC PROGRAM

Community Services Center  
255 Pomfret Street  
Putnam, CT 06260

Phone: (860) 928-3660

#### HOURS:

Monday - Friday from 9:00 a.m. - 5:00 p.m.

#### DAY KIMBALL HEALTH

1315 Main Street, Suite 2  
Willimantic, CT 06226

Phone: (860) 450-7405

#### HOURS:

Monday - Friday from 8:30 a.m. - 4:30 p.m.

#### WEBSTER WIC OFFICE

228 Main Street  
Webster, MA 01570

Phone: 508-943-6183

#### HOURS:

Monday from 10:00 a.m. - 6:00 p.m.  
Tuesday from 8:30 a.m. - 4:30 p.m.  
Friday from 8:30 a.m. - 4:00 p.m.  
Open one Saturday a month

## MEAL DELIVERY SERVICES

**MEALS ON WHEELS** is a meal delivery service that's been shown to improve food security & diet quality, reduce use of costly health care services and reduce social isolation and loneliness. They serve healthy meals designed to meet specific needs and preferences of the community and ensure clients have the nutrition they need. Nutrition education and counseling services are offered by Registered Dietitians. **DKH Case Management can help facilitate the application process.**

Find out more at [mealsonwheelsamerica.org](http://mealsonwheelsamerica.org)

**MOM'S MEALS** is a meal delivery service that makes medically tailored meals with high-quality ingredients. With 9 condition-specific menus and 60+ meal options, there are numerous tasty choices. Designed by professional chefs & registered dietitians in USDA-approved kitchens.

Find out more at [MomsMeals.com](http://MomsMeals.com)

**MAGIC KITCHEN** is a meal delivery service offering a wide variety of meals that adhere to specific dietary restrictions you may need to follow, such as low sodium, low fat, diabetic friendly, renal friendly, dialysis friendly, vegetarian etc.

Find out more at [MagicKitchen.com](http://MagicKitchen.com)



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