



PHYSICAL MEDICINE & REHABILITATION

Day Kimball Healthcare offers northeast Connecticut comprehensive physical medicine and rehabilitation services. Whether you've suffered an injury, are recovering from an illness or are living with a chronic condition, we're here to help you regain and retain as much ability and independence as possible.

Our services combine the expertise of physical therapists, occupational therapists, speech/language pathologists and a physiatrist, all working together and with your primary and specialty physicians, home care professionals and other healthcare providers, to help you restore or develop your physical mobility and functional skills.

No matter what your injury or age, we can help you recover and be as strong and active as you can be.

Day Kimball Healthcare offers integrated, comprehensive care close to home. To learn more about all of our physical medicine and rehabilitation services visit daykimball.org/physicalmedicine.



A community partner of
YaleNewHavenHealth

Physical Medicine & Rehabilitation

Occupational Therapy

Day Kimball Healthcare Center
12 South Main Street
Putnam, CT 06260
(860) 928-8360

Day Kimball Healthcare Center
55 Green Hollow Road
Danielson, CT 06239
(860) 779-0252

Day Kimball Healthcare Center
31 Dow Road
Plainfield, CT 06374
(860) 564-6241

For in-home services:

Day Kimball HomeCare
Putnam office | (860) 928-0422

■ daykimball.org

Occupational Therapy

Occupational therapy focuses on the treatment of conditions that limit an individual's ability to perform the tasks of daily living, work and leisure activities. The goal is to help the patient function as independently as possible through the use of physical treatment techniques as well as therapeutic changes or adaptations to skills and environment.

Our highly qualified and experienced occupational therapists and certified occupational therapy assistants (COTAs) will guide you in the development or relearning of skills needed to perform the activities of daily living and occupational tasks. Our therapists also offer specialized care for the hand and arm. They utilize exercises and manual techniques as well as splinting to improve function.

Occupational therapy may be used alone or in combination with physical therapy or other therapies as part of a comprehensive rehabilitation plan. Your therapist will work with the rest of your care team, including your primary care physician, occupational health physicians, surgeons and other specialty care providers.

Occupational therapy may be used to treat injuries or illnesses such as

- upper extremity orthopedic conditions such as fractures, tendonitis, hand trauma and post-operative repair
- arthritis
- neurological impairments such as stroke, head injury or multiple sclerosis (MS)
- chronic pain syndromes such as fibromyalgia and chronic fatigue
- lymphedema and shoulder/elbow/hand limitations resulting from breast cancer and/or breast cancer surgery

Accessing Occupational Therapy Services

Ask your physician for a referral to DKH Occupational Therapy. Services are available on an inpatient, outpatient or in-home basis, depending on your particular needs and treatment plan.

During the initial evaluation, your therapist will ask questions relating to the onset and nature of your illness, injury or condition, previous and current functional level, the nature of any past and current medical history, and your goals for treatment. These questions, and others, will enable us to plan and coordinate your treatment for optimal results.

Billing and Payment Information

Billing for occupational therapy services delivered at a Day Kimball Healthcare location will be submitted to your insurance by Day Kimball Hospital. Billing for services provided at home will be submitted to your insurance by Day Kimball HomeCare. Please check with your insurance carrier for details about your specific coverage, copays, deductibles and any prior authorization requirements.

If you have questions about your bill or need help paying for care, please contact our team of financial counselors at (860) 963-6337 (at the prompt, enter option 2). For more information visit daykimball.org/billing.

